

FSC 2026: Session: 5: COACH evaluation sheet for TEAM: DZ&PC

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 24: 200M FREESTYLE MEN **Heat:4, starttime: 09:38**

Heat: 4/7 Lane : 3 Athlete: STORK FLORIS **Q-time: 01:58:31**

PB (50m pool):		PB (25m pool):		SB:
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB				

Coach feedback:

Event number: 24: 200M FREESTYLE MEN **Heat:5, starttime: 09:40**

Heat: 5/7 Lane : 7 Athlete: BES COLIN **Q-time: 01:55:26**

PB (50m pool):		PB (25m pool):		SB:
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB				

Coach feedback:

Event number: 24: 200M FREESTYLE MEN **Heat:6, starttime: 09:43**

Heat: 6/7 Lane : 8 Athlete: WIERSMA TIEME **Q-time: 01:57:44**

PB (50m pool):		PB (25m pool):		SB:
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB				

Coach feedback:

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Event number: 25: 100M BACKSTROKE WOMEN			Heat:2, starttime: 09:50
Heat: 2/8 Lane : 2 Athlete: WESTERNENG FENNA			Q-time: 01:11:62
PB (50m pool):		PB (25m pool):	SB:
	5 0 M	1 0 0 M	
PB			
	

Coach feedback:

Event number: 25: 100M BACKSTROKE WOMEN			Heat:4, starttime: 09:55
Heat: 4/8 Lane : 3 Athlete: MULDER ESMEE			Q-time: 01:09:76
PB (50m pool):		PB (25m pool):	SB:
	5 0 M	1 0 0 M	
PB			
	

Coach feedback:

Event number: 25: 100M BACKSTROKE WOMEN			Heat:5, starttime: 09:57
Heat: 5/8 Lane : 1 Athlete: ROFFEL MAUD			Q-time: 01:09:32
PB (50m pool):		PB (25m pool):	SB:
	5 0 M	1 0 0 M	
PB			
	

Coach feedback:

Event number: 25: 100M BACKSTROKE WOMEN			Heat:7, starttime: 10:01
Heat: 7/8 Lane : 3 Athlete: KORTHUIS SARA			Q-time: 01:04:17
PB (50m pool):		PB (25m pool):	SB:
	5 0 M	1 0 0 M	
PB			
	

Coach feedback:

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Event number: 25: 100M BACKSTROKE WOMEN				Heat:8, starttime: 10:03	
Heat: 8/8 Lane : 2 Athlete: BOXUM FAY				Q-time: 01:05:42	
PB (50m pool):		PB (25m pool):		SB:	
	5 0 M	1 0 0 M			
PB					
			

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN					Heat:3, starttime: 10:12
Heat: 3/6 Lane : 4 Athlete: TOLSMA STORM					Q-time: 02:32:99
PB (50m pool):		PB (25m pool):		SB:	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB					
	

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN					Heat:4, starttime: 10:15
Heat: 4/6 Lane : 1 Athlete: DE BRUIJN EMIEL					Q-time: 02:31:55
PB (50m pool):		PB (25m pool):		SB:	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB					
	

Coach feedback:

Event number: 29: 200M BREASTSTROKE WOMEN					Heat:4, starttime: 10:52
Heat: 4/4 Lane : 2 Athlete: MULDER ESMEE					Q-time: 02:44:47
PB (50m pool):		PB (25m pool):		SB:	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB					
	

Coach feedback:

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Event number: 30: 100M BACKSTROKE MEN				Heat:5, starttime: 11:04	
Heat: 5/7 Lane : 2 Athlete: ISSARD NIEK				Q-time: 01:00:50	
PB (50m pool):		PB (25m pool):		SB:	
	5 0 M	1 0 0 M			
PB					
			

Coach feedback:

Event number: 30: 100M BACKSTROKE MEN				Heat:6, starttime: 11:06	
Heat: 6/7 Lane : 2 Athlete: BES COLIN				Q-time: 01:00:50	
PB (50m pool):		PB (25m pool):		SB:	
	5 0 M	1 0 0 M			
PB					
			

Coach feedback:

Event number: 31: 50M FREESTYLE WOMEN			Heat:7, starttime: 11:16		
Heat: 7/7 Lane : 6 Athlete: KORTHUIS SARA			Q-time: 00:26:56		
PB (50m pool):		PB (25m pool):		SB:	
	5 0 M				
PB					
				

Coach feedback:

Event number: 32: 200M MEDLEY MEN				Heat:3, starttime: 11:23	
Heat: 3/6 Lane : 3 Athlete: TOLSMA STORM				Q-time: 02:16:41	
PB (50m pool):		PB (25m pool):		SB:	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB					
	

Coach feedback:

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Event number: 32: 200M MEDLEY MEN					Heat:6, starttime: 11:31				
Heat: 6/6 Lane : 2 Athlete: STORK FLORIS					Q-time: 02:09:99				
PB (50m pool):			PB (25m pool):			SB:			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M					
PB									
					

Coach feedback:

Event number: 33: 400M FREESTYLE WOMEN						Heat:1, starttime: 11:35		
Heat: 1/4 Lane : 4 Athlete: BOXUM FAY						Q-time: 04:38:78		
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

Coach feedback:

Event number: 33: 400M FREESTYLE WOMEN						Heat:1, starttime: 11:35		
Heat: 1/4 Lane : 5 Athlete: WESTERNENG FENNA						Q-time: 04:40:85		
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

Coach feedback: